

CIBO SANO

— ITALIAN GRILLE —

\$5.99

CIBO

Our thin crust Italian flatbread with your choice of grill item, vegetables, cheeses, sauces and/or pestos complimented with your choice of Cannellini beans or Italian black beans as all as orzo, wheat spaghetti, or gluten-free Fusilli pastas.

PASTA BOWL

Orzo, gluten-free Fusilli, or wheat spaghetti topped with your choice of grill items, veggies, cheeses, sauces and pestos creating a delicious meal.

SALAD BOWL

Romain lettuce and mixed greens topped with your choice of a grill item, veggies, sauces and cheeses.

CHICKEN

Marinated overnight with rosemary, lemon, and garlic
\$1.00

STEAK

Strips seasoned with rosemary, lemon, and garlic
\$1.75

SALMON

Marinated in lemon, olive oil, and garlic
\$1.85

ITALIAN SAUSAGE

With Fennel and Italian seasonings
\$1.35

TOFU

Firm, organic tofu either Hickory Smoked or Garlic Herb locally made from Central Soyfoods
\$1.00

PEPPERONI

\$1.00

VEGGIES

\$.50

Cold Sauces

All Pestos are nut free

Fresh Basil Pesto Basil, garlic, olive oil, Parmesan Reggiano

Roasted Red Pepper Pesto Roasted red bell peppers, Parmesan Reggiano, olive oil

Creamy Parmesan Pesto Parmesan Reggiano, italian herbs, olive oil, and garlic

Sundried Tomato Pesto Sundried tomatos, olive oil, Parmesan Reggiano, garlic

Hot Sauces

Marinara Crushed tomato, garlic, and basil. Cibo Sano uses true Italian plum tomatoes creating this just slightly sweet marinara.

Arrabiata Our signature Marinara sauce heated up a notch using less sweet Italian plum tomatoes, and seasoned with roasted red pepper flakes.

Parmesan Alfredo Cream, butter, and Parmesan Reggiano

Toppings

Sliced Mushrooms
Artichoke Hearts
Croutons
Red, Green, Yellow pepper medley
Hard-boiled Eggs
Black Olives
Sweet Corn
Grilled White Onion
Zucchini

Cucumbers
Pancetta (Italian bacon)
Spinach
Roasted Red Peppers
Lettuce-Spring Mix and Romaine
Sweet Peppers
Pepperoncini Rings
Sun-Dried Tomato
Squash

Cheeses

Mozzarella
Feta
Parmesan Reggiano

Salad Dressings

Oil & Vinegar
Ranch
Balsamic and Basil
Olde Venice Italian
Creamy Peppery Parmesan
Vinaigrette

Appetizers/Sides/Soup

Cibo breadsticks \$1.99
with marinara
Cheesy Flatbread \$1.99
Fried and served with your choice of sauce
Side Salad \$3.99
Tomato Basil soup \$2.99
Seasonal Soup...Type and price may vary

Beverages

Carbonated Beverages
Brewed Black, Green, White, and Flavored Teas
24oz \$1.59 32oz \$1.89
Italian Sodas
16oz \$1.95 24oz \$2.49

Desserts

Italian Soda Float \$2.99
Gelato Vanilla or Chocolate Scoop \$.99

Kids Menu

\$4.99 for small cibo, choice of sauce, and topping of sausage or pepperoni. Comes with juice or milk.